Unit Number
Council
Week of Camp
Campsite

Swim Checks (Optional)

Due Date At Check-In

Return to Bring with you to camp

CSD 3b

Units completing swim checks before arriving at camp may use this form to record the swimming ability level for each Scout. Swim checks must be performed by a certified BSA Lifeguard within six months of arriving at camp. Please note that swimming conditions in the lake are very different from a swimming pool.

Swimmer Test – Jump into water over your head feet first and level off. Swim 75 yards on stomach or side in a strong, forward manner. Swim 25 yards on your back and float on your back for 30 seconds.

Beginner Test – Jump feet first into water over your head. Level off and swim 50 yards.

Name	Non-Swimmer	Beginner	Swimmer

Unit Leader's Signature _____ **Date** _____

Lifeguard Signature _____ **Certification Expiration Date** _____